

Use this formula as a tool to craft your response to: “So, can you tell me about yourself?”

Write down key words in each box and try to keep your response to 30 seconds.

FUTURE

PRESENT

PAST

**PRESENT:** What degree are you pursing at UML? What you are involved in? Interested in? What are you pursuing?

**PAST:** Why are you interested in the field? Where did you grow up/go to high school?

**FUTURE:** Why THIS co-op at THIS moment? Why are you here? What are your future goals and aspirations?